



INFORMED ATHLETE

Making sense of the complex NCAA rules

Rick Allen, Founder of Informed Athlete, Former NCAA Compliance Director, and Dad of a College Baseball Athlete

December, 2010

Happy Holidays!

The following pages contain the NCAA Recruiting Calendars for December 2010 and January 2011 for many of the top sports. If your sport is not listed, please send me an email at rick@informedathlete.com & I'll get info to you.

The first page contains a listing of the definitions for each recruiting period, followed by the calendars. We also have added at the end of each month the starting date for the sports in which recruits to Junior Colleges can start to sign the NJCAA Letter of Intent/Scholarship Agreement.

If we can be of assistance to you in any way, please don't hesitate to contact us. We don't charge for an initial 15 minute call. If your situation requires additional time and research, I'll be honest and upfront about the time involved and we can discuss the fee.

Have you started your Christmas shopping yet? Consider our book, *Both Sides of the Plate*, as a gift idea that grandparents can give to their high school age granddaughter or grandson! Or, it could be a gift to a coach or instructor that they can use to help many of their student-athletes.

A handwritten signature in black ink that reads "Rick". The signature is written in a cursive, slightly slanted style.

Founder – Informed Athlete

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Recruiting Calendar Period Definitions:

Contact Period – Coaches can have in-person, face-to-face interaction with prospects and/or family members at any location and can evaluate prospect’s academic and athletic qualifications by visiting their school to speak with teachers and coaches, to review film, and can observe practice and competition.

Evaluation Period – Coaches can evaluate prospect’s academic and athletic qualifications by visiting their school to speak with teachers and coaches, to review film, and can observe practice and competition, but no in-person, face-to-face interaction with prospect’s and/or their family members away from campus is permitted.

Quiet Period – Coaches can have in-person, face-to-face interaction with prospects and/or their family members only on their campus. No off-campus evaluation or contact is permitted.

Dead Period – Coaches cannot have in-person, face-to-face interaction with prospects and/or their family members at any location, even if the prospect and/or family members arrive unexpectedly on campus.



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DECEMBER 2010 CALENDARS

ACT and SAT tests

December 4 – SAT test

December 11 – ACT test

December 23 – Regular registration deadline for January 22 SAT test

Baseball – Division I

December 1-31 – Quiet Period (one call per week to seniors or Jucos)

Baseball – Division II

December 1-31 – Contact Period (one call per week to seniors or Jucos)

Men's Basketball - Division I

December 1-23 – Evaluation period (two calls per week to seniors/one call per week to Jucos)

December 24-26 – Dead period (no face-to-face interaction between coaches and seniors/Jucos)

December 27-31 – Evaluation period (two calls per week to seniors/one call per week to Jucos)

Women's Basketball - Division I

December 1-23 – Evaluation period (one call per week to seniors or Jucos)

December 24-26 – Dead period (no face-to-face interaction between coaches and seniors/Jucos)

December 27-31 – Evaluation period (one call per week to seniors or Jucos)

Men's Basketball – Division II

December 1-31 – Evaluation Period (one call per week to seniors or Jucos)

Women's Basketball – Division II

December 1-31 – Evaluation Period (one call per week to seniors or Jucos)

Men's and Women's Cross Country/Track and Field – Division I

December 1-12 – Contact Period (unlimited calls to seniors or Jucos)

December 13-17 - Dead Period (one call per week to seniors or Jucos)

December 18-31 – Quiet Period (one call per week to seniors or Jucos)



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Men's and Women's Cross Country/Track and Field – Division II

December 1-31 – Contact Period (one call per week to seniors and Jucos)

Football – Division I

- A. For HS Seniors and Juco athletes who do NOT intend to transfer to Div. I at midyear
 - a. December 1-18 – Contact period (Unlimited calls permitted)
 - b. December 19 – Quiet Period (one call per week combined with next period)
 - c. December 20-31 – Dead Period (one call per week)
- B. For Juco athletes who intend to transfer to a Div. I school for second semester
 - a. December 1-11 – Contact period (Unlimited calls permitted)
 - b. December 12 – Quiet Period
 - c. December 13-16 – Dead Period
 - d. December 17-18 – Quiet Period
 - e. December 19 – Quiet Period (one call per week combined with next period)
 - f. December 20-31 – Dead Period (one call per week)

Football – Division II

December 1-31 – Contact Period (Unlimited calls permitted to seniors or Jucos)

Men's and Women's Soccer – Division I

December 1-31 – Contact Period (One call per week to seniors or Jucos)

Men's and Women's Soccer – Division II

December 1-31 – Contact Period (One call per week to seniors or Jucos)

Softball – Division I

December 1-7 – Quiet Period (One call per week to seniors or Jucos)

December 8-11 – Dead Period (no face-to-face interaction between coaches and seniors/Jucos)

December 12-31 - Quiet Period (One call per week to seniors or Jucos)

Softball – Division II

December 1-31 – Contact Period (one call per week to seniors or Jucos)



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Women's Volleyball – Division I

December 1-5 – Contact Period (unlimited calls to seniors or Jucos)

December 6-14 – Quiet Period (one call per week to seniors or Jucos)

December 15-31 – Dead Period (no face-to-face interaction between coaches and seniors/Jucos)

Women's Volleyball – Division II

December 1-31 - Contact Period (one call per week to seniors or Jucos)

Junior College sports in which athletes can begin to sign the NJCAA Letter of Intent/Scholarship Agreement in **December**:

December 1 – Men's and Women's Cross Country, Men's and Women's Indoor and Outdoor Track, Men's and Women's Soccer

JANUARY 2011 CALENDARS

ACT and SAT tests

January 7 – Late registration deadline for January 22 SAT test (late fee required)

January 7 - Regular registration deadline for February 12 ACT test

January 8-21 – Late registration period for February 12 ACT test (late fee required)

January 22 – SAT test

Baseball – Division I

January 1-5 – Quiet Period (one call per week to seniors or Jucos)

January 6-9 – Dead Period (one call per week to seniors or Jucos)

January 10-31 - Quiet Period (one call per week to seniors or Jucos)

Baseball – Division II

January 1-31 – Contact Period (one call per week to seniors or Jucos)



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Men's Basketball - Division I

January 1-31 – Evaluation period (two calls per week to seniors/one call per week to Jucos)

Women's Basketball - Division I

January 1-31 – Evaluation period (two calls per week to seniors/one call per week to Jucos)

Men's Basketball – Division II

January 1-31 – Evaluation Period (one call per week to seniors or Jucos)

Women's Basketball – Division II

January 1-31 – Evaluation Period (one call per week to seniors or Jucos)

Men's and Women's Cross Country/Track and Field – Division I

January 1-2 – Quiet Period (one call per week to seniors or Jucos)

January 3-30 - Contact Period (unlimited calls to seniors or Jucos)

January 31 - Dead Period (one call per week to seniors or Jucos)

Men's and Women's Cross Country/Track and Field – Division II

January 1-30 – Contact Period (one call per week to seniors and Jucos)

January 31 - Dead Period (one call per week to seniors or Jucos)

Football – Division I

January 1-3 – Dead Period (one call per week to seniors or Jucos)

January 4-8 - Contact period (Unlimited calls permitted)

January 9 – Quiet Period (one call per week to seniors or Jucos)

January 10-13 - Dead Period (one call per week to seniors or Jucos)

January 14-29 - Contact period (Unlimited calls permitted)

January 30 - Quiet Period (one call per week to seniors or Jucos)

January 31 - Dead Period (one call per week to seniors or Jucos)

Football – Division II

January 1-30 – Contact Period (Unlimited calls permitted to seniors and Jucos)

January 31 - Dead Period (one call per week to seniors or Jucos)



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Men's and Women's Soccer – Division I

January 1-30 – Contact Period (one call per week to seniors and Jucos)

January 31 - Dead Period (one call per week to seniors or Jucos)

Men's and Women's Soccer – Division II

January 1-30 – Contact Period (one call per week to seniors and Jucos)

January 31 - Dead Period (one call per week to seniors or Jucos)

Softball – Division I

January 1 – Quiet Period (One call per week to seniors or Jucos)

January 2-31 – Contact Period (Unlimited calls to seniors and Jucos)

Softball – Division II

January 1-31 – Contact Period (one call per week to seniors or Jucos)

Women's Volleyball – Division I

January 1-14 – Quiet Period (one call per week to seniors or Jucos)

January 15-31 – Contact Period (Unlimited calls to seniors and Jucos)

Women's Volleyball – Division II

January 1-31 - Contact Period (one call per week to seniors or Jucos)

Junior College sports in which athletes can begin to sign the NJCAA Letter of Intent/Scholarship Agreement in **January 2011**:

January 15 – Baseball, Men's and Women's Golf, Ice Hockey, Softball,
Men's and Women's Tennis